

Kid's Wellness Camp

(4223) Mon/Wed Jun 25 & 27 8:30am-11:30am
(4224) Mon/Wed Jul 16 & 18 8:30am-11:30am
(4225) Mon/Wed Aug 13 & 15 8:30am-11:30am

Located at Shine Wellness Clinic 1 Starkweather Alley
\$60; NR \$63 \$50 each additional sibling



Instructor: Shine Wellness Center

Children will be split into lower and upper elementary groups. This two-day camp is designed to assist children in understanding the importance of self-care through yoga & stretching, self calming techniques, play therapy, health food choices and more. A light snack will be provided.

Children's Play Therapy Group

(4421) Wed, May 30 Lower Elem (K-3rd) 4:30-5:30pm

(4422) Wed, May 30 Upper Elem (4th-5th) 5:45-6:45pm

Located at Shine Wellness Clinic 1 Starkweather Alley
\$99; NR \$105



Instructor: Naomi Baba, MSW, LMSW

This play therapy group focuses on assisting children with general life adjustments such as divorce/separation, moves, grief & loss, social acceptance and other life challenges. A small snack will be provided. Four week session.



Register at
www.rwbparksnrec.org or
call (586)752-6543